

THE ONE

DANCE INTENSIVE

August 31, 2017

STUDIO OWNERS, TEACHERS AND/OR DANCERS:

Welcome to The One Dance Intensive! We are so excited that you've chosen The One to advance your dance education. We will have two incredible, action-packed days of training with the best choreographers in The Biz. We know you have many choices available for workshops and classes, and we are glad you are joining The One family.

This packet contains a lot of information regarding the intensive. Please read through everything before you arrive. If you have any questions, feel free to call our office or ask at the Registration Table. We thank you for your business, and look forward to seeing you soon!

**The One Dance Intensive
September 9-10, 2017
Embassy Suites Hotel**

One representative will need to pick up your registration packet at the registration table starting at 8am, Saturday, September 9th. *Every dancer is required to have a signed waiver on file.* You will not receive your wrist band until we have a waiver from you. You will need to wear your band at all times during the intensive. Observer bands can be purchased for \$40 prior to the Intensive or at the door. No refunds will be given for any reason. Registration *on site* must be paid by cash, credit card, cashier's check or money order. All major credit cards are accepted. The One does not accept personal or studio checks for registration at any event.

Your tuition pays for your classes only. Meals will be your responsibility. No outside food or drink will be allowed in the ballrooms, but water will be provided.

ABSOLUTELY NO CAMERAS OF ANY KIND WILL BE ALLOWED IN THE BALLROOMS DURING CLASSES. This is to protect both the choreography and the privacy of the dancers in attendance. You may take pictures with the faculty in the lobby areas. If a staff member sees you with a camera, you will be asked to leave.

The final wrap is Sunday afternoon and is open for anyone to attend.

Thank you again for joining us for The One! We wish you safe travels, and we will see you soon!

Sincerely,

Greg Massay
Executive Director

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Additional Information

Dancers:

Dancers should wear dance clothes that are appropriate for dance class. Cover ups must be worn to and from class. For their safety, dancers must also wear shoes when walking through the hotel/convention areas. Classes will be offered in contemporary, jazz, hip hop, lyrical, and improv, so please bring shoes that are appropriate for each class.

Observers:

During the weekend, we hope you will be an observer and sit in on the inspiring classes. We want YOU, the parents and guests, to enjoy the same excitement that your dancers do. The final wrap on Sunday afternoon, however, is FREE for all guests!

- All observer bands are non-refundable. They may be purchased at the door for \$40.
- Pre-purchased observer bands can be picked up at the registration table.
- You must be accompanying a dancer to observe.
- Noise level and activity should be kept to a minimum out of consideration for the faculty and dancers.
- A studio with 8 or more students receives a free observer band.
- ABSOLUTELY NO CAMERAS OF ANY KIND WILL BE ALLOWED IN THE BALLROOMS DURING CLASSES.

The Final Wrap:

The Intensive will conclude with a special performance for all the parents and visitors. This will be the dancers' opportunity to demonstrate what they have learned throughout the weekend, and dance in a performance setting, for an audience. Seating will be open to all, so come early to get a good spot.

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The One Dance Intensive 2017 Tentative Schedule*

Saturday, September 9, 2017

Junior Schedule

Registration 8:00-9:00am
Warm Up 9:00-10:00 Skye
Jazz Class 10:00-11:00 Caroline
Hip Hop Class 11:00-12:00 Barry
12:00-1:00 Lunch Break
Jazz Class 1:00-2:00 Channing
Stretch and Cond. Class 2:00-3:00 Skye
Contemporary Class 3:00-4:00 Caroline
Hip Hop Class 4:00-5:00 Barry

Senior Schedule

Registration 8:00-9:00am
Warm Up 9:00-10:00 Caroline
Jazz Class 10:00-11:00 Channing
Contemporary Class 11:00-12:00 Skye
12:00-1:00 Lunch Break
Hip Hop 1:00-2:00 Barry
Contemporary Class 2:00-3:00 Caroline
Contemporary Class 3:00-4:00 Channing
Improv 4:00-5:00 Caroline and Skye

Sunday, September 10, 2017

Junior Schedule

Progressions Class 9:00-10:00 Caroline
Ballet Class 10:00-11:00 Sami
Contemporary 11:00-12:00 Skye
12:00-1:00 Lunch Break
Hip Hop Class 1:00-2:00 Barry
Lyrical Class 2:00-3:00 Audrey

Senior Schedule

Ballet 9:00-10:00 Sami
Progressions Class 10:00-11:00 Caroline
Hip Hop 11:00-12:00 Barry
12:00-1:00 Lunch Break
Lyrical 1:00-2:00 Audrey
Contemporary 2:00-3:00 Skye

Final Wrap 3:15 Senior Room

*Schedule is tentative and is subject to change

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Around Town

The Embassy Suites will have Caffaina's open for beverages and the restaurant open for lunch. They will provide an express order lunch menu for those attending The One. You also have restaurants near the Embassy Suites:

Pei Wei

1500 24th Avenue Northwest, Norman, OK -
(405) 364-1690

Qdoba

1800 24th Avenue Northwest, Norman, OK -
(405) 701-5655

Sonic

1000 24th Avenue Northwest, Norman, OK -
(405) 360-0709

Logan's Roadhouse

1250 24th Avenue Southwest, Norman, OK -
(405) 801-3994

Cheddar's Casual Café

1300 24th Avenue Northwest, Norman, OK -
(405) 321-3479

Louie's Bar & Grill

3750 West Robinson Street, Norman, OK -
(405) 360-4386

Subway

3201 West Robinson Street, Norman, OK -
(405) 364-5442

Waffle House

1161 Rambling Oaks Drive, Norman, OK -
(405) 364-4901

Chili's Grill and Bar

2070 24th Ave NW, Norman, OK
(405) 364-0530

McAlister's Deli

1924 24th Avenue NW, Norman, OK
(405) 253-2397

Starbucks (Across from Target)

1601 24th Avenue Northwest, Norman, OK -
(405) 366-6107

Five Guys Burgers and Fries

1401 24th Avenue Northwest, Norman, OK -
(405) 321-4871

La Baguette Bakery & Café

1130 Rambling Oaks Drive, Norman, OK -
(405) 329-1101

Wingstop

1812 24th Avenue Northwest, Norman, OK -
(405) 321-9464

Zio's

1353 24th Avenue Northwest, Norman, OK -
(405) 321-9464

Panda Express

1540 24th Avenue Northwest, Norman, OK -
(405) 579-2888

Zoe's Kitchen

1651 24th Avenue Northwest, Norman, OK -
(405) 360-5700

Chipotle Mexican Grill

1641 24th Avenue Northwest, Norman, OK -
(405) 364-1269

Tucker's Onion Burgers

2166 NW 24th Avenue, Norman, OK -
(405) 561.7373

Tropical Smoothie Café

2162 24th Ave NW, Norman, OK
(405) 928-5363

Nearby Attractions

- **Moore Warren Movie Theatre**
 - 1001 South Telephone Road, Oklahoma City, OK - (405) 703-3777
- **Hey Day Entertainment**
 - 3201 Market Place, Norman, OK - (405) 310-3500
- **Andy Alligators**
 - 3300 Market Place Dr., Norman, OK - (405) 321-7275